

WASHINGTON TOWNSHIP Recreation Center



Spring Activities Guide

6 months-5 Years • 6-12 Years • Teens • Adults • 55+

RECREATION DEPARTMENT INFORMATION

Rec Center Phone: 937-433-0130
Rec Center Fax: 937-438-2755
Rec Center Address: 895 Miamisburg-Centerville Rd.
 Dayton, OH 45459
Rec Center Website: www.washingtontwp.org/recreation
Rec West Address: 965 Miamisburg-Centerville Rd.
 Dayton, OH 45459

Town Hall Theatre Phone: 937-433-8957
Town Hall Theatre Address: 27 N Main St
 Centerville, OH 45459
Town Hall Theatre Website: www.washingtontwp.org/townhalltheatre

Rec Facilities Director: Mark Metzger
Phone: 937-433-0130
Email: mmetzger@washingtontwp.org



COMPLETE PASS ADVANTAGE

Get the most value from your recreation experience with this annual pass that offers:

- Discounts on classes, programs and coupon books
- Early registration for classes
- Entry to all areas at the Rec Center and Rec West for open activities
- Use of the fitness center, running track, open gym and climbing wall (for those who complete orientation.)
- Participation in open aquatic activities such as open swim and lap swimming

Type	Resident	Non-Resident
Youth/Senior Complete Pass	\$175	\$350
Adult Complete Pass	\$230	\$460
Household Complete Pass	\$305	\$610

Our Express cards or 90-day passes may not be used for discounted registration.

REC'ING CREW - GRADES K TO 5

Now thru - May 25, 2017 Every school day until 6:15p

Our after-school program keeps your child safe, happy and engaged in constructive pursuits - from the time the Rec Center van picks them up from school until the time you arrive to take them home. Our staff is dedicated to enriching your child's experience in our program. Children can look to staff as mentors and positive role models. Time is set aside for homework each day so that families may enjoy more quality time at home each evening.

Children can be signed up for one day a week, every day, or somewhere in between.

Visit www.washingtontwp.org/youthcare for details.



AQUATICS

Fun with Me Ages 6 mo to 5

The goal of Parent and Child Aquatics are to provide information that allows the parent to be able to help the child learn techniques to be comfortable and safe in and around the water, develop a readiness for learning to swim, and to learn safety fundamentals. Children must wear swim diapers to each class if not potty trained.

Day	Time	Dates	Code
Sa	9:30-10:00a	3/11-5/13	21000-01

No class Saturday 4/1; Saturday 4/8

Th	6:30-7:00p	3/9-5/11	21000-02
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No class Thursday 3/23; Thursday 4/6

Fees vary by session. See website for complete details.

Preschool 1 Ages 3 to 6

Your child will become oriented to the aquatic environment and learn elementary skills such as buoyancy, supported floating, water entry and exit, and alternating arm action. Potty trained required.

Day	Time	Dates	Code
M/W	9:30-10:00a	3/6-3/29	21001-01

M/W	6:00-6:30p	3/6-3/29	21001-02
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M/W	9:30-10:00a	4/10-4/26	21001-03
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M/W	6:00-6:30p	4/10-4/26	21001-04
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M/W	9:30-10:00a	5/1-5/17	21001-05
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M/W	6:00-6:30p	5/1-5/17	21001-06
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Tu/Th	9:30-10:00a	3/7-3/30	21001-07
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Tu/Th	1:00-1:30p	3/7-3/30	21001-08
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Tu/Th	9:30-10:00a	4/11-4/27	21001-09
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Tu/Th	1:00-1:30p	4/11-4/27	21001-10
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Tu/Th	9:30-10:00a	5/2-5/18	21001-11
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Tu	6:00-6:30p	3/7-5/9	21001-12
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No class Tuesday 3/21; Tuesday 4/4

Th	6:00-6:30p	3/9-5/11	21001-13
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No class Thursday 3/23; Thursday 4/6

Sa	9:00-9:30a	3/11-5/13	21001-14
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No class Saturday 4/1; Saturday 4/8

Fees vary by session. See website for complete details.

Preschool 2 Ages 3 to 6

Your child will learn to float, glide, and swim on back/front with face in water blowing bubbles through mouth and nose. They will also be introduced to treading water, rhythmic breathing and finning arms. Potty trained required.

Day	Time	Dates	Code
M/W	10:00-10:30a	3/6-3/29	21002-01

M/W	5:30-6:00p	3/6-3/29	21002-02
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M/W	10:00-10:30a	4/10-4/26	21002-03
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M/W	5:30-6:00p	4/10-4/26	21002-04
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M/W	10:00-10:30a	5/1-5/17	21002-05
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M/W	5:30-6:00p	5/1-5/17	21002-06
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Tu/Th	10:00-10:30a	3/7-3/30	21002-07
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Tu/Th	1:30-2:00p	3/7-3/30	21002-08
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Tu/Th	10:00-10:30a	4/11-4/27	21002-09
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Tu/Th	1:30-2:00p	4/11-4/27	21002-10
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Tu/Th	10:00-10:30a	5/2-5/18	21002-11
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Tu/Th	1:30-2:00p	5/2-5/18	21002-12
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Tu	5:30-6:00p	3/7-5/9	21002-13
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No class Tuesday 3/21; Tuesday 4/4

Th	5:30-6:00p	3/9-5/11	21002-14
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No class Thursday 3/23; Thursday 4/6

Sa	11:30a-12:00p	3/11-5/13	21002-15
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No class Saturday 4/1; Saturday 4/8

Fees vary by session. See website for complete details.

Preschool 3 Ages 3 to 6

This class focuses on building upon and reinforcing the basic skills of Preschool 2 by swimming greater distances on front and back. Potty trained required.

Day	Time	Dates	Code
Tu/Th	2:00-2:30p	3/7-3/30	21003-01

Tu/Th	2:00-2:30p	4/11-4/27	21003-02
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Tu/Th	2:00-2:30p	5/2-5/18	21003-03
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Tu	6:30-7:00p	3/7-5/9	21003-04
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No class Tuesday 3/21; Tuesday 4/4

Th	6:30-7:00p	3/9-5/11	21003-05
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No class Thursday 3/23; Thursday 4/6

Sa	12:00-12:30p	3/11-5/13	21003-06
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No class Saturday 4/1; Saturday 4/8

Fees vary by session. See website for complete details.

Level 1 Grades 1 to 8

Children will become oriented to the aquatic environment and learn elementary skills such as buoyancy, breath control, supported floating, water entry and exit, and alternating arm action. This class is taught in the rec and lap pool.

Day	Time	Dates	Code
Sa	11:00-11:30a	3/11-5/13	21011-01

No class Saturday 4/1; Saturday 4/8

Fees: CPH \$48 R \$56 NR \$64

AQUATICS CONTINUED

Level 2 Grades 1 to 8

The objective of Level 2 is to give students success with fundamental skills. Students learn to float without support and recover to a vertical position. Students will learn how to glide and swim on back/front with face in the water blowing bubbles.

Day	Time	Dates	Code
Sa	10:00-10:30a	3/11-5/13	21012-01

No class Saturday 4/1; Saturday 4/8

Fees: CPH \$48 R \$56 NR \$64

Level 3 Grades 1 to 8

The objective of Level 3 is to swim front crawl with rotary breathing and elementary backstroke a minimum of 15 yards. Introduce scissor kick, dolphin kick, backstroke and head first dives.

Day	Time	Dates	Code
Sa	10:30-11:00a	3/11-5/13	21013-01

No class Saturday 4/1; Saturday 4/8

Sa	11:30a-12:00p	3/11-5/13	21013-02
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No class Saturday 4/1; Saturday 4/8

Fees: CPH \$48 R \$56 NR \$64

Level 4 Grades 1 to 8

The objective is to improve skills and increase endurance by swimming front crawl with rotary breathing and elementary backstroke for greater distances. Students continue to build upon the scissor kick and dolphin kick by adding the arms for sidestroke and butterfly. The back crawl and the breaststroke are introduced.

Day	Time	Dates	Code
Sa	11:00-11:30a	3/11-5/13	21014-01

No class Saturday 4/1; Saturday 4/8

Sa	12:00-12:30p	3/11-5/13	21014-02
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No class Saturday 4/1; Saturday 4/8

Fees: CPH \$48 R \$56 NR \$64

Level 5 Grades 1 to 8

The objective of Level 5 is to refine performance of the strokes (front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke) and increase distance. Flip turns on the front and back are introduced.

Day	Time	Dates	Code
Sa	9:30-10:00a	3/11-5/13	21015-01

No class Saturday 4/1; Saturday 4/8

Fees: CPH \$48 R \$56 NR \$64

Swim Team Prep (new class)

Prerequisite: Must have a completed Preschool 2 or Level 2, or attend at WTRC swim evaluation.

The objective of Swim Team Prep is to prepare children for (Summer Swim Team) by increasing their endurance and by improving their swim techniques in all four competitive strokes.

Day	Time	Dates	Code
Tu/Th	4:30-5:00p	5/2-5/18	21019-01 Ages 5 to 8

Tu/Th	5:00-5:30p	5/2-5/18	21019-02 Ages 9 and older
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Fees: CPH \$48 R \$54 NR \$60

Beginner Diving Grades 1 to 9

Must be able to do head-first dive off the side of the pool and jump off the diving board. This class is an introduction to springboard diving. Emphasis will be on learning proper board work, beginning dives and diving safety.

Day	Time	Dates	Code
M	5:15-6:00p	4/10-5/22	21020-01

W	5:15-6:00p	4/12-5/24	21020-02
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Fees: CPH \$56 R \$63 NR \$70

Intermediate Diving Grades 1 to 9

A continuation of Beginner Diving with emphasis on proper board work, beginning dives, diving safety and an introduction to some competitive dives.

Day	Time	Dates	Code
M	6:00-6:45p	4/10-5/22	21021-01

Fees: CPH \$56 R \$63 NR \$70

Advanced Diving Grades 1 to 9

Prerequisites: Must have completed Intermediate Diving requirements or completed a WTRC diving evaluation. This class is designed for the recreational diver who would like to improve their basic skills. A continuation of Intermediate Diving with an emphasis on front and back board work, proper diving techniques, diving safety and competitive dives.

Day	Time	Dates	Code
W	6:00-6:45p	4/12-5/24	21022-01

Fees: CPH \$56 R \$63 NR \$70

High School Diving Grades 8 to 12

No Prerequisites: This class is designed for those divers who wish to compete for their school team. No experience necessary. Learn basic dives to prepare for the high school team. This class is a beginner diving class.

Day	Time	Dates	Code
W	8:00-9:00p	4/12-5/24	21023-01

Fees: CPH \$63 R \$70 NR \$77

Adult Beginner Ages 18 and up

Adult Beginner Swim Lessons are for adults who have no swimming experience. Basic water skills will be taught from blowing bubbles, floats, gliding, treading water and basic strokes.

Day	Time	Dates	Code
Th	8:00-8:30p	3/9-5/11	21030-01

No class Thursday 3/23; Thursday 4/6

Fees: CPH \$48 R \$56 NR \$64

AQUATICS CONTINUED

Adult Adv Beginner

Ages 18 and up

Adult Advanced Beginner Swim Lessons is for the swimmer who is comfortable in water but lacks skill techniques. Basic water skills will be taught from floats, gliding, treading and basic strokes. Instructions are given as to the level that one needs.

Day	Time	Dates	Code
Th	7:30-8:00p	3/9-5/11	21031-01

No class Thursday 3/23; Thursday 4/6

Fees: CPH \$48 R \$56 NR \$64

Adult Intermediate

Ages 18 and up

Adult Intermediate Swim Lessons is for the more advanced swimmer who wants to learn more stroke technique, fitness swimming and turns. Instructions are given as to the level as one needs.

Day	Time	Dates	Code
Th	7:00-7:30p	3/9-5/11	21032-01

No class Thursday 3/23; Thursday 4/6

Fees: CPH \$48 R \$56 NR \$64

PRESCHOOL

Partners in Play

Ages 1 to 3

Parents/caregivers will guide their child through instructed movement experiences such as balancing, throwing and tumbling. Large motor skills along with social skills can be developed in a play environment.

Day	Time	Dates	Code
M	9:45-10:30a	4/10-5/15	26000-01

Fees: CPH \$31 R \$36 NR \$46

Partners in Art & Play

Ages 2 to 4

A wonderful class for your child's growing imagination. Each week you and your child will create exciting crafts using various art medium. Preschool Play day will be included in this program thru May 4th.

Day	Time	Dates	Code
Th	9:45-10:30a	4/13-5/18	26006-01

Fees: CPH \$34 R \$39 NR \$49

Muffins for Mom

Ages 1 and up

Tea, Coffee, juice and muffins will be offered! Preschoolers are to invite their mom, grandma, or anyone who mothers them to our new spring event. Participants will make a fun craft and play on our preschool equipment. Cost is \$10 for 1 child and 1 adult. \$3 additional person.

Day	Time	Dates	Code
F	9:30-11:00a	5/12	26015-01

Fees: CPH \$10 R \$10 NR \$10

Kids Gym & Swim

Ages 3 to 6

Required: Potty training. Your child will enjoy physical activity, games and play on our gym equipment followed by a 30-minute supervised play swim time. Please have your child wear a swimsuit under their clothes and bring a back pack with a towel.

Day	Time	Dates	Code
Th	9:30-11:30a	4/13-5/18	26020-01

Fees: CPH \$47 R \$52 NR \$62

Kids Cook & Swim

Ages 3 to 6

Required: Potty training. Your child will enjoy measuring & mixing recipes in this class. Food combinations will make this exciting as they get a taste of cooking. A 30-minute supervised play swim time is included. Please have your child wear their swimsuit under their clothes; bring a back pack with a towel.

Day	Time	Dates	Code
M	9:30-11:30a	4/10-5/15	26021-01
Tu	9:30-11:30a	4/11-5/16	26021-02

Fees: CPH \$47 R \$52 NR \$62

Kids Art & Swim

Ages 3 to 6

Required: Potty training. Various art projects will be created in this class. A 30-minute supervised play swim time is included. Please have your child wear a swimsuit under their clothes and bring a back pack with a towel.

Day	Time	Dates	Code
W	9:30-11:30a	4/12-5/17	26025-01

Fees: CPH \$47 R \$52 NR \$62

Kids Sport & Swim

Ages 3 to 6

Required: Potty training. A variety of sports such as basketball, tee ball, golf and scooter hockey will be explored in this class. A 30-minute supervised play swim time is included. Please have your child wear a swimsuit under their clothes and bring a back pack with a towel.

Day	Time	Dates	Code
W	12:30-2:00p	4/12-5/17	26026-01

Fees: CPH \$47 R \$52 NR \$62

PRESCHOOL CONTINUED

Earth Day Celebration

Ages 3 to 6

Spring is a great time for children to learn ways to protect our earth. Recycling and earth kindness will be our focus for this class.

Day	Time	Dates	Code
F	9:30-10:30a	4/21	26045-01

Fees: CPH \$8 R \$12 NR \$15

May Days

Ages 3 to 6

May is alive with growing plants from bulbs, buds, roots and seeds. We will create flowers through art and plant seeds to take home.

Day	Time	Dates	Code
F	9:30-10:30a	5/5	26049-01

Fees: CPH \$8 R \$12 NR \$15

Tiny Tumblers

Age 3

A fun and social introduction to tumbling that preschoolers will enjoy. This class is designed for 3 year old children who are now ready to enjoy a class independent of a parent in an environment with other students and a teacher. This program will focus on listening and cooperative skills, motor movement/development as well as having a lot of fun on the gymnastics equipment.

Day	Time	Dates	Code
Tu	3:30-4:00p	3/7-4/11	27021-01

Tu 3:30-4:00p 4/18-5/23 27021-02

Fees: CPH \$26 R \$31 NR \$41

Preschool Tumbling

Ages 4 to 6

For preschool-age children 4-5 years old who need more challenge, can follow directions, and are ready to work more independently. Children enrolled in Bizzy Bees will learn skills to include forward/backward rolls, running/jumping, large muscle motor skills and balance skills all while further developing listening skills, socialization and cooperative skills.

Day	Time	Dates	Code
Tu	4:00-4:45p	3/7-4/11	27022-01

Tu 4:00-4:45p 4/18-5/23 27022-02

Fees: CPH \$32 R \$37 NR \$47

Mommy and Me

Ages 2 to 4

Dads and grandparents are welcome too! This class puts you and your child center stage as you both explore elements of music and theatre together in a nurturing environment. Students, and their adults, use their imagination to explore and play in a creative introduction to theatre. By acting out rhymes, songs, and storybooks adults will get the opportunity to expand their own repertoire of games and activities for you and your child.

Day	Time	Dates	Code
Sa	11:30a-12:05p	3/11-5/27	28001-01

No class Saturday 4/15

Fees: CPH \$70 R \$75 NR \$80

ART

Exploring Art

Grades 1 to 3

Explore your creative side! Students of all skills levels are welcome. Create awesome masterpieces using art media such as drawing, watercolor, print making and more. Oil paints not included.

Day	Time	Dates	Code
Th	5:00-6:00p	3/9-4/13	22040-01

Th 5:00-6:00p 4/20-5/25 22040-02

Fees: CPH \$39 R \$44 NR \$54

Art Portfolio

Ages 16 and up

Calling all college bound art students! Prepare your portfolio with guidance from a professional. This one-day workshop will be sure to help!

Day	Time	Dates	Code
Tu	7:00-8:30p	3/7	22070-01

Fees: CPH \$20 R \$25 NR \$30

Portrait Workshop

Ages 16 and up

A workshop designed for all levels of ability to paint portraits in any medium.

Day	Time	Dates	Code
Tu	7:00-8:30p	4/11	22071-01

Fees: CPH \$20 R \$25 NR \$30

Pro Illustrators Workshop

Ages 16 and up

Professional Illustrators Workshop—This workshop explores all of the techniques and secret art tips that a professional artist uses to illustrate pictures when telling a story.

Day	Time	Dates	Code
Tu	7:00-8:30p	5/2	22072-01

Fees: CPH \$20 R \$25 NR \$30

Science Fiction and Fantasy WS

Ages 16 and up

Science Fiction and Fantasy Workshop—A popular workshop that explores this genre and voers techniques, mediums used, philosophy and creative inspiration.

Day	Time	Dates	Code
Tu	7:00-8:30p	4/25	22073-01

Fees: CPH \$20 R \$25 NR \$30

Adult Art

Ages 18 and up

Discover a hidden talent! Whether a novice or seasoned artist you will enjoy creating projects that utilize oils, acrylics, watercolors and pastels. Oil paints are included in the first project only.

Day	Time	Dates	Code
Th	7:00-9:00p	3/9-4/13	22080-01

Th 7:00-9:00p 4/20-5/25 22080-02

Fees: CPH \$67 R \$72 NR \$82



FITNESS

Deep Water Workout

Ages 16 and up

Take the plunge! Deep water running and traveling guaranteed to challenge your cardio fitness combined with toning to improve flexibility and increase muscle tone and core strength. Buoyancy belts are provided and create a no impact workout to the joints. Participants exercise in 6-12 feet of water. A shallow water entrance is offered then class moves to deeper water.

Day	Time	Dates	Code
Tu/Th	8:20-9:05a	3/7-5/25	25000-01

Fees: CPH \$53 R \$68 NR \$83

Power Splash Workout

Ages 16 and up

It's a splash and dash! A vigorous and fast paced water workout for the serious exerciser that utilizes the properties of the water as well as equipment for muscular and core strength training, toning and flexibility.

Day	Time	Dates	Code
M/W/F	8:20-9:05a	3/6-5/26	25005-01

Fees: CPH \$68 R \$83 NR \$98

Barre/Pilates

Ages 16 and up

Create long and lean muscles utilizing the ballet barre for stretching and developing abs, arms, thighs and glutes then transition to the Pilates format to lengthen and stretch all muscle groups in a relaxed, productive intensity.

Day	Time	Dates	Code
Tu/Th	5:30-6:20p	3/7-5/25	25015-01

Fees: CPH \$64 R \$79 NR \$94

Pilates

Ages 16 and up

Stretch, Breath, Focus, Rejuvenate. Pilates improves flexibility, builds strength and develops control and endurance in the entire body. It puts emphasis on alignment, breathing, developing a strong core, and improving coordination and balance.

Day	Time	Dates	Code
Tu/Th	7:30-8:30p	3/7-5/25	25016-01

Fees: CPH \$60 R \$75 NR \$90

Tai Chi

Ages 16 and up

Meditation in motion! Tai Chi promotes serenity through gentle, flowing movements in addition to relieving stress, improving range of motion and flexibility. Reduce stress and get an awesome workout. Our instructor has over 28 years of experience as a martial arts instructor and is a 5th degree black belt.

Day	Time	Dates	Code
W	6:30-7:30p	3/8-5/24	25030-01

Fees: CPH \$37 R \$52 NR \$67

TRX/Kickboxing

Ages 16 and up

This combo class will leave you sweating, pumped, and ready to take on the world! Suspension training develops strength, balance, flexibility and core stability simultaneously using gravity and the user's body weight to complete a variety of exercises. Transition to the kickboxing format that integrates punches and kicks for more cardio and muscle endurance fun.

Day	Time	Dates	Code
Tu/Th	6:30-7:20p	3/7-5/25	25045-01

Fees: CPH \$83 R \$98 NR \$113

SPORTS

Tae Kwon Do Beginner

Ages 6 to 11

Your child will love the challenge of this martial art activity. Our program is designed to teach focus, concentration, muscle development, balance, and gross motor coordination within the context of Tae Kwon Do. Their training will also target behavior development, awareness of others, self-confidence and character development. Students in the beginner class do not belt test and a uniform is not required. Our class is taught by a family with more than 40 years combined Tae Kwon Do experience, each with a black belt ranking.

Day	Time	Dates	Code
Tu/Th	6:00-6:55p	3/7-5/25	27001-01
Tu/Th	6:00-6:55p	3/7-5/25	27001-02

Fees: CPH \$100 R \$105 NR \$115



SPORTS CONTINUED

Tae Kwon Do Intermediate

Ages 6 and up

Build upon skills learned in the previous class to increase knowledge and discipline of the sport. Develop strength with increasingly challenging calisthenics and aerobic Tae Kwon Do moves, balance in the form of focused kicking actions, coordination in the form of sparring drills, speed in the form of striking and kicking exercises, concentration in the form of pattern memorization, and focus in the form of eye-hand and eye-foot target exercises. Belt testing occurs at this level (except during the summer sessions). All tests are designed to allow instructors to evaluate the students based upon their individual abilities, encouraging students to excel to their personal best. Our class is taught by a family with more than 40 years combined Tae Kwon Do experience, each with a black belt ranking.

Day	Time	Dates	Code
Tu/Th	7:00-7:55p	3/7-5/25	27002-01

Fees: CPH \$100 R \$105 NR \$115

Tae Kwon Do Advanced

Ages 8 and up

Acquire advanced skills and continue to build upon current skills. This class is for the student who has successfully demonstrated skills and knowledge of the sport through completing belt testing, participating in the Intermediate and Beginner level classes, or through training under another program. Our class is taught by a family with more than 40 years combined Tae Kwon Do experience, each with a black belt ranking.

Day	Time	Dates	Code
Tu/Th	8:00-8:55p	3/7-5/25	27003-01

Fees: CPH \$100 R \$105 NR \$115

Fencing

Ages 6 and up

Fencing is an exciting combat sport and an art form as well. An ancient symbol of power and glory, and a deeply personal individual form of expression, fencing is a sport that requires stamina and endurance. The object of fencing is to effectively score a set number of points on your opponent before he scores that number on you. Points are scored by getting touches on your opponent's body. It often involves using a long sword, and the weight of the sword can challenge the biceps, triceps, forearms, and shoulders, for a great workout. Our program is taught by a Level 1 coach with 20 years of experience in the sport including 12 years of coaching. All equipment will be provided and a \$20 equipment fee has been included in the registration price to cover the costs of upkeep, repairs, and sanitization of all equipment.

Day	Time	Dates	Code
M	6:00-7:00p	3/6-4/10	27010-01
M	6:00-7:00p	4/17-5/22	27010-02

Fees: CPH \$67 R \$72 NR \$82

Youth Tumbling

Ages 6 and up

Program emphasis is on fun and safety. Each child will be instructed as to the proper technique and form used to correctly execute tumbling skills. Skills include balance, floor tumbling, spring board, and uneven bars. This program is strictly recreational and competitiveness is not emphasized in any way. No previous tumbling skills required.

Day	Time	Dates	Code
Tu	4:45-5:30p	3/7-4/11	27023-01
Tu	4:45-5:30p	4/18-5/23	27023-02

Fees: CPH \$32 R \$37 NR \$47

Rock Climbing 1

Ages 4 to 6

This class will allow young beginning climbers the opportunity to climb and boulder on our 24-foot-high wall. No certification will be given.

Day	Time	Dates	Code
Tu	5:00-6:00p	3/7-3/28	27030-01
Tu	5:00-6:00p	4/4-4/25	27030-02
Tu	5:00-6:00p	5/2-5/23	27030-03
Tu	6:10-7:10p	3/7-3/28	27030-04
Tu	6:10-7:10p	4/4-4/25	27030-05
Tu	6:10-7:10p	5/2-5/23	27030-06

Fees: CPH \$32 R \$37 NR \$47

Rock Climbing 2

Ages 7 to 12

This class includes climbing and bouldering games/competitions along with conditioning elements for climbers on our 24-foot-high wall. No certification will be given.

Day	Time	Dates	Code
Th	5:00-6:00p	3/9-3/30	27031-01
Th	5:00-6:00p	4/6-4/27	27031-02
Th	5:00-6:00p	5/4-5/25	27031-03
Th	6:10-7:10p	3/9-3/30	27031-04
Th	6:10-7:10p	4/6-4/27	27031-05
Th	6:10-7:10p	5/4-5/25	27031-06

Fees: CPH \$32 R \$37 NR \$47

Volleyball 1

Ages 10 to 12

Learn the basics of volleyball to include serving, passing, setting and hitting along with some team play principles. Volleylite balls will be used for this class. Knee pads are recommended. This class is taught by Kathleen Washington, who played at Rutgers University and went on to play professionally in France.

Day	Time	Dates	Code
Tu	4:45-5:30p	3/7-4/4	27035-01
Tu	4:45-5:30p	4/18-5/16	27035-02

Fees: CPH \$35 R \$40 NR \$50

Volleyball 2

Ages 13 to 16

Learn the basics of volleyball to include serving, passing, setting and hitting along with some team play principles. Standard volleyballs will be used for this class. Knee pads are recommended. This class is taught by Kathleen Washington, who played at Rutgers University and went on to play professionally in France.

Day	Time	Dates	Code
Tu	5:45-6:30p	3/7-4/4	27036-01
Tu	5:45-6:30p	4/18-5/16	27036-02

Fees: CPH \$35 R \$40 NR \$50

SPORTS CONTINUED

Beginner Volleyball

Ages 8 to 9

Learn the basics of volleyball to include serving, passing, setting and hitting along with some team play principles. Volleylite balls will be used for this class. This class is taught by Kathleen Washington, who played at Rutgers University and went on to play professionally in France.

Day	Time	Dates	Code
Th	4:00-4:45p	3/9-4/6	27037-01
Th	4:30-5:15p	4/20-5/18	27037-02

Fees: CPH \$35 R \$40 NR \$50

Vball - Home School

Ages 12 to 16

This volleyball class is offered during the day so home school groups can practice their volleyball skills. Learn the basics of volleyball to include serving, passing, setting and hitting along with some team play principles. This class is taught by Kathleen Washington, who played at Rutgers University and went on to play professionally in France.

Day	Time	Dates	Code
W	2:30-3:30p	3/8-4/5	27080-01
W	2:30-3:30p	4/19-5/17	27080-02

Fees: CPH \$40 R \$45 NR \$55

Soccer 1

Ages 4 to 5

Is your little superstar ready to play soccer? This class will encourage personal growth while teaching the basic skills of soccer in a fun environment.

Day	Time	Dates	Code
M	3:30-4:15p	3/6-3/27	27040-01
W	3:30-4:15p	4/12-5/3	27040-02

Fees: CPH \$25 R \$30 NR \$40

Soccer 2

Ages 6 to 8

Is your little superstar ready to play soccer? This class will encourage personal growth while teaching the basic skills of soccer in a fun environment.

Day	Time	Dates	Code
M	4:30-5:15p	3/6-3/27	27041-01
W	4:30-5:15p	4/12-5/3	27041-02

Fees: CPH \$25 R \$30 NR \$40

Soccer Training

Ages 12 to 16

(Ages 12-16) This high-intensity class is designed to help boost the fitness and skill level of any soccer player. The first hour of this class will concentrate on speed, agility, ball work, and foot skills. The second hour will consist of short sided games and play. Players will be divided based on skill level. Classes will be taught by a former Division I women's soccer coach who also worked with the 1999 US Women's World Cup Champions.

Day	Time	Dates	Code
W/F	4:30-6:30p	5/10-5/26	27042-01

Fees: CPH \$70 R \$75 NR \$85

Jump Start Sports - Basketball

Ages 4 to 6

Coaches from Jump Start Sports will run this instructional and recreational basketball program for children ages 4-6. Players are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding. Then they apply what they've learned in low competition games. All coaching is conducted by Jump Start Sports staff coaches using a well-organized, fun-oriented, age-appropriate format. All participants receive a team shirt and participation medal. *DISCLAIMER: This private vendor is not affiliated with the Washington Township Recreation Center. To register go to www.jumpstartsports.com/programs/washington-township-little-hoop-stars-spring-2017 Please contact Jump Start Sports at abally@jumpstartsports.com or 614-505-6532 for more information or if you have any questions.

Day	Time	Dates	Code
Su	1:00-2:00p	4/23-5/28	27043-01

Fees: CPH \$65 R \$65 NR \$65

Basketball 1

Ages 5 to 6

Thinking about joining a team this year? Get a head start on learning the basics of basketball. We will teach ball handling, passing shooting, defense and rebounding to help your child obtain the skills that they need.

Day	Time	Dates	Code
W	3:30-4:15p	3/8-3/29	27045-01

Fees: CPH \$25 R \$30 NR \$40

Basketball 2

Ages 7 to 8

Thinking about joining a team this year? Get a head start on learning the basics of basketball. Just finishing up playing in a league? Keep your skills sharp with this class! We will teach ball handling, passing, shooting, defense and rebounding to help you reach your goals.

Day	Time	Dates	Code
W	4:30-5:15p	3/8-3/29	27046-01

Fees: CPH \$25 R \$30 NR \$40

Jump Start Sports - Football

Grades PreK-2nd

Pre-K (must be 4) - Kindergarten: Children in preschool and kindergarten participate in a highly instructional program that incorporates drills and game play to give these young players a basic understanding of how to run pass routes, pass defense, throwing and catching techniques, how to carry a football and proper football stances. This program meets one day a week for six weeks and all coaching is conducted by Jump Start Sports staff coaches. 1st-2nd Graders: In addition to fundamentals taught to the younger group, children in grades 1 and 2 learn more complex passing routes and combination routes, open field tackling (flag pulling), pass blocking, and pass rushing. Parent coaches assist in the implementation of a program designed and led by Jump Start Sports coaches. (All registrations include Team Shirt and Participation Medal). *DISCLAIMER: This private vendor is not affiliated with the Washington Township Recreation Center. To register go to www.jumpstartsports.com/programs/washington-township-flag-football-spring-2017. For more information, please contact Jump Start Sports at abally@jumpstartsports.com or 614-505-6532

Day	Time	Dates	Code
F	5:30-6:30p	4/21-5/26	27051-01
F	6:30-7:30p	4/21-5/26	27051-02

Fees: CPH \$70 R \$70 NR \$70

SPORTS CONTINUED

Jump Start Sports - Lacrosse

Grades K-4

Boys and girls in grades K-4 can learn to play one of the fastest growing sports in the United States! Lacrosse is action packed and lots of fun! All equipment will be provided in this highly instructional and recreational introductory lacrosse program. Experienced coaches from Jump Start Sports will teach children the fundamentals of the game, including passing and catching, fielding ground balls, cradling, spacing and positioning, and defense. Children will then be divided by gender and age to play fun game situational scrimmages. Plastic sticks and soft balls will be provided. No body checking or stick checking will be permitted! No helmets or shoulder pads will be used. All participants will receive a t-shirt. *DISCLAIMER: This private vendor is not affiliated with the Washington Township Recreation Center. To register go to www.jumpstartsports.com/programs/washington-township-lacrosse-spring-2017 For more information, please contact Jump Start Sports at abally@jumpstartsports.com or 614-505-6532

Day	Time	Dates	Code
Th	6:00-7:15p	4/20-5/25	27052-01

Fees: CPH \$70 R \$70 NR \$70

Tee Ball 1

Ages 5 to 6

This class will focus on the basics of Tee Ball to include throwing, hitting, base running and catching. Students will need to bring a glove to each class.

Day	Time	Dates	Code
M	4:30-5:15p	4/24-5/22	27055-01

Fees: CPH \$30 R \$35 NR \$45

Tee Ball 2

Ages 7 to 8

This class will focus on the basics of Tee Ball to include throwing, hitting, base running and catching. Students will need to bring a glove to each class.

Day	Time	Dates	Code
M	4:30-5:15p	4/24-5/22	27056-01

Fees: CPH \$30 R \$35 NR \$45

Intro to Blastball

Ages 3 to 4

This class will focus on the basics of Blastball (a version of T-Ball that the younger players can enjoy). The bat and ball are softer and no gloves are required. The fundamentals of running to first base (which honks as a fun way to encourage them to run fast to get there), hitting the ball off a tee, and eye-hand coordination to stop a moving ball will all be focused on during this fun class.

Day	Time	Dates	Code
M	3:30-4:15p	4/24-5/22	27057-01
M	5:30-6:15p	4/24-5/22	27057-02

Fees: CPH \$30 R \$35 NR \$45

Intro to Archery

Ages 7 to 15

An introduction to the art, practice, and skill of shooting with a bow and arrow. Historically known for hunting and combat, in more modern times it has become a competitive sport and recreational activity. This class will teach the safe and correct usage of equipment and develop beginning archery techniques. The instructor is a Class 4 Archery Coach and is one of the top 150 coaches in the nation! Bows, arrows, targets and guards will be provided. A \$20 equipment fee for upkeep and repairs is included in the registration price.

Day	Time	Dates	Code
W	4:30-5:30p	3/8-4/12	27060-01
W	4:30-5:30p	4/19-5/24	27060-02

Fees: CPH \$51 R \$56 NR \$66

Friends & Family Archery

Ages 12 and up

Friends, family, siblings, and anyone over the age of 12 will learn safe use of equipment and develop beginning archery techniques from one of the top 150 Archery Coaches in the nation! This class is recommended for those who have had little to no experience with archery and are looking to have a good time learning together. Basic equipment care and selection will be covered along with range procedures. Bows, arrows, targets and guards will be provided. A \$20 equipment fee for upkeep and repairs is included in the registration price.

Day	Time	Dates	Code
W	7:30-8:30p	3/8-4/12	27062-01
W	7:30-8:30p	4/19-5/24	27062-02

Fees: CPH \$51 R \$56 NR \$66

Flying Arrows

Ages 6 and up

Join a team of other area archers and get competition ready!! Even if you are not competing but are experienced and want to be challenged and taught by one of the best, then come join the team. Participants in Flying Arrows must have archery experience and currently be, or willing to be, US Archery Members (find out more and sign up at USArchery.org). Our certified Class 4 instructor is one of the top 150 Archery Coaches in the nation and will work with students to refine skills and knowledge of the sport to get them ready for upcoming competitions or leagues. Team members are encouraged to use their own equipment pending approval of the instructor.

Day	Time	Dates	Code
W	5:30-7:30p	3/8-5/24	27067-01

Fees: CPH \$100 R \$110 NR \$115



THEATER

Costume Magic!

Grades 2 to 8

Fashion, design, and fun come together as students develop their skills in both costume design and construction. No previous sewing experience required. Students will learn the basics of costuming, sewing, and clothing construction with a professional costume designer and see how a costume shop works. Who knows what creative piece of clothing your child may come up with after this class!

Day	Time	Dates	Location	Code
W	6:00-6:50p	3/8-5/24	TH Theatre	28010-01

Fees: CPH \$137 R \$143 NR \$149

Make Believe with Snow White

Ages 4 to 7

Inspired by our spring show, Snow White, our young performers will get a chance to explore Snow White's Kingdom! Performers will act scenes, play games, and read stories all inspired by or from Snow White. Actors will tour the set and the class price includes a ticket to see Snow White and all of her friends in Snow White!

Day	Time	Dates	Location	Code
W	4:00-4:50p	3/8-5/24	TH Theatre	28020-01

Fees: CPH \$127 R \$133 NR \$139

Put on a Play

Grades 1 to 5

Creating is key in this exciting class. Are you up for the challenge writing and directing your very own play? Your imagination is the key to creating in the exciting class that will focus on developing a unique play. Who knows who might show up in your own play monsters, aliens, princesses, or something the world has never seen before. This class will culminate in a final showcase for friends and family.

Day	Time	Dates	Location	Code
M	6:00-6:50p	3/6-5/22	TH Theatre	28025-01

Fees: CPH \$117 R \$123 NR \$129

Comedy Improv 4 Kids

Grades 2 to 8

Think fast or you'll be left in the dust! Actors and comedians are always on their toes and you can be too. Students will develop their skills to create unique characters, tell exciting stories, and make people laugh. This high energy class is perfect for anyone who wants to build their skills as an actor, storyteller, or comedian!

Day	Time	Dates	Location	Code
W	5:00-5:50p	3/8-5/24	TH Theatre	28033-01

Fees: CPH \$117 R \$123 NR \$129

Intro to Acting

Ages 4 to 7

Using great children's literature, we bring it to life right before your very eyes. Begin to develop valuable life skills like communication, collaboration, and build new friendships along the way. Students will explore the actors toolbox and see how they can use them to bring their favorite characters to life!

Day	Time	Dates	Location	Code
M	5:00-5:50p	3/6-5/22	TH Theatre	28034-01
Tu	5:00-5:50p	3/7-5/23	TH Theatre	28034-02

Fees: CPH \$117 R \$123 NR \$129

Acting - Level One

Grades 2 to 8

This course explores acting fundamentals with a focus on monologues, short scenes, and the theatre making process. This is your chance to build your skills as an actor and to have a great audition! Successful completion of this course allows students to audition for the A.C.T. productions at Town Hall Theatre. Completion of this class is dependent on accruing no more than two absences and receiving a passing grade on the theatre terms quiz.

Day	Time	Dates	Location	Code
Tu	4:00-4:50p	3/7-5/23	TH Theatre	28035-01
Th	6:00-6:50p	3/9-5/25	TH Theatre	28035-02
Sa	10:30-11:20a	3/11-5/27	Rec West	28035-03

No class Saturday 4/15

Fees: CPH \$117 R \$123 NR \$129

Acting - Level Two

Grades 2 to 8

Learn how to build engaging characters onstage, be in an ensemble, succeed at callbacks, and do your actor homework! Successful completion of this course is a prerequisite for being cast in a L.C.T.C. production at Town Hall Theatre. Completion of this course is dependent on accruing no more than two absences, a final scene, and a character presentation. Acting Level One is a prerequisite for this course.

Day	Time	Dates	Location	Code
Tu	6:00-6:50p	3/7-5/23	TH Theatre	28036-01
Th	5:00-5:50p	3/9-5/25	TH Theatre	28036-02

Fees: CPH \$117 R \$123 NR \$129

Backstage Bonanza

Grades 2 to 8

Props, paints, and puppets! Ever wonder how they make all those things they use on stage? Here's your chance to explore how they make everything that appears on stage. Explore how they make the puppets, paint the sets, and build the props you see on stage. Who knows maybe you make something used in our very next production!

Day	Time	Dates	Location	Code
Th	4:00-4:50p	3/9-5/25	TH Theatre	28052-01

Fees: CPH \$137 R \$143 NR \$149

Snow White

Grades 2 to 8

This ACT Showcase is our introductory performance program for young actors and features non-musical adaptations of familiar fairy tales with a less intense rehearsal and performance commitment than our regular stage series. Each show rehearses just 4 hours weekly, culminating in a one weekend run as part of our stage series for the public! This spring, when the evil queen tries to get rid of her sweet and lovely stepdaughter, Snow White escapes into the magical forest where she meets an adorably silly cast of dwarves. But can her new friends keep her safe when the queen discovers she's still alive? Performances are June 2-4, 2017. This class requires an audition for participation.

Day	Time	Dates	Location	Code
Tu/W	4:00-5:50p	4/11-6/4	TH Theatre	28156-01

Fees: CPH \$131 R \$131 NR \$131

CHILD CARE

Delay Day March 7th

Grades K to 5

Parents—no need to worry about care for your child when the start of school is delayed! Drop your child off to our program where they can participate in structured, supervised recreational activities that include movies on a theater screen, gyms to run and play, and a game room for table games and conversation. All we ask is that your child pack their smile, bring their energy and get ready to make some new friends!

Day	Time	Dates	Code
Tu	7:30-9:30a	3/7	76005-01
Tu	7:30-9:30a	3/7	76005-02
Tu	7:30-9:30a	3/7	76005-03
Tu	7:30-9:30a	3/7	76005-04
Tu	7:30-9:30a	3/7	76005-05
Tu	7:30-9:30a	3/7	76005-06
Tu	7:30-9:30a	3/7	76005-07
Tu	7:30-9:30a	3/7	76005-08

Delay Day April 28th

Grades K to 5

Parents—no need to worry about care for your child when the start of school is delayed! Drop your child off to our program where they can participate in structured, supervised recreational activities that include movies on a theater screen, gyms to run and play, and a game room for table games and conversation. All we ask is that your child pack their smile, bring their energy and get ready to make some new friends!

Day	Time	Dates	Code
F	7:30-9:30a	4/28	76006-01
F	7:30-9:30a	4/28	76006-02
F	7:30-9:30a	4/28	76006-03
F	7:30-9:30a	4/28	76006-04
F	7:30-9:30a	4/28	76006-05
F	7:30-9:30a	4/28	76006-06
F	7:30-9:30a	4/28	76006-07
F	7:30-9:30a	4/28	76006-08

School Days Off

Grades K to 8

We start our day of adventure by gathering in the game room at Rec West! From there activities abound to include field trips, crafts, mind games, sports challenges, swimming, climbing wall and/or park play weather permitting. Please bring lunch, swimsuit, and towel each day. You may sign your child up for one or all of the School Days Off. It is our intention to adhere to the schedule, but changes may be necessary due to unforeseen circumstances. No refunds will be given for location changes made to the travel schedule, including canceling of field trips due to weather or site difficulties. In the interest of safety, a Participant Medical Form is required for all participants enrolled in any of the School Day Off scheduled days and is available at www.washingtontwp.org/youthcare. Those participants who have been enrolled in the 2016 Summer Camp program or are currently participating in the 2016/17 Rec'ing Crew do not have to complete the Participant Medical Form.

Day	Time	Dates	Code
F	7:30a-6:15p	2/17	56999-05
M	7:30a-6:15p	2/20	56999-06
F	7:30a-6:15p	3/31	56999-07
F	7:30a-6:15p	4/14	56999-08

Fees: CPH \$47 R \$54 NR \$64

Camp-Spring Break

Grades K to 8

Kids in grades K-8 can sample a week of summer camp the week of April 3-7. Daily activities include games, movies, swimming, crafts, field trips and outdoor play (weather permitting). It's a great way to spend spring break while previewing summer camp activities. Enrollment is for the entire week. Please bring lunch, swimsuit, and towel each day. It is our intention to adhere to the schedule, but changes may be necessary due to unforeseen circumstances. No refunds will be given for location changes made to the travel schedule, including canceling of field trips due to weather or site difficulties. In the interest of safety, a Participant Medical Form is required for all participants and is available at www.washingtontwp.org/youthcare. Those participants who have been enrolled in the 2016 Summer Camp program or are currently participating in the 2016/17 Rec'ing Crew do not have to complete the Participant Medical Form.

Day	Time	Dates	Code
M-F	7:30a-6:15p	4/3-4/7	53200-01

Fees: CPH \$133 R \$148 NR \$163

Rec'ing Crew

Our after-school program keeps your child safe, happy and engaged in constructive pursuits – from the time the Rec Center van picks them up from school until the time you arrive to take them home. Recreational opportunities abound in our program! During the course of the month's activities children have the opportunity to splash around in the center's awesome swimming pool facility, "climb the walls" of our 124-foot climbing wall, enjoy a movie and snack on a theater-size movie screen, and run and play outdoors in the 26-acre park that features a butterfly playground, interactive hands-on musical toys and nature trails. Time is set aside for homework each day so that families may enjoy more quality time at home each evening.

